

1st and 2nd grade Lesson Guide
Types of Touch Sorting Activity

Learning Objective: Your child will be able to identify three different types of touch and how they make you feel.

Materials-

1. Parent Letter
2. Types of Touch Sorting Page
3. Pencil

Procedures or Steps-

1. Begin by reading the Parent Letter located in the Resources section at the bottom of this web page.
2. Print the Types of Touch Sorting page at the bottom of this web page.
3. Read through the different types of touch with your child and discuss how they would make them feel.
4. Have your child complete the sort activity by drawing a line from the picture to the appropriate column.

MUTUAL GROUND














Where the Healing Begins

Safe Touch: Feels good on the outside and the inside of our body.

Unsafe Touch: Hurts on the outside and makes us feel mad or sad on the inside of our body.

Uncomfortable Touch: May or may not hurt on the outside, but makes us feel mixed up or confused on the inside of our body.

Safe Touch	Unsafe Touch	Uncomfortable Touch

 hold hands	 tickle	 bite others	 push	 kick others	 high five	 kiss	 pinch
 handshake	 hug	 hug	 fist bump	 hit			

Draw a line from the picture to the correct type of touch column. Talk about how that touch would make you feel.